

40 Days OF PRAYER

Why Worry When You Can Pray? How to Revitalize Your Prayer Life

“Don’t **worry** about anything. Instead, **pray** about everything; tell God your needs.”
Phil. 4:6 (LB)

One of the root causes of anxiety is lack of _____ with _____.

Two indicators of ineffective prayer

- My prayers are a superficial _____
“**When you pray**, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men... when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your **Father**, who sees what is done in secret, will reward you.”
Matt. 6:5,6
- My prayers are a superstitious _____
“And **when you pray**, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your **Father** knows what you need before you ask him.” Matt. 6:7,8

Four elements of effective prayer

“This is how you should pray...” Matt. 6:9-15

1. Realign with God’s _____
“Our **Father** in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth as it is in heaven...” Matt. 6:9,10
 2. Request God’s _____
“Give us this day our **daily** bread...” Matt. 6:11 (See Matt. 6:34; James 4:2)
 3. Receive God’s _____ ...and offer my own!
“Forgive us our debts as we have forgiven our debtors...” Matt. 6:12 (See 14,15)
 4. Request God’s _____
“And lead us not into temptation, but deliver us from the evil one.” Matt. 6:13
- God’s _____ is greater than my _____

Additional Notes:

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Daily Meditations

For Daily Meditations during the *40 Days of Prayer*, please use the devotions in the *40 Days of Prayer* booklet available in the lobby today!

Prayer Chapel

Our lobby “cry room” and prayer chapel is open every day. Spend some time in silent prayer!

Prayer Groups

If you’d like to join a prayer group, e-mail jim@tlc.org

Prayer Class

To dig deeper, come to our Wednesday night prayer class in Monschke Hall

Prayer and Praise Night

6 pm March 13th in the TLC auditorium, featuring participation from other local churches