February 19 & 20, 2005



Blessed is he whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the LORD does not count against him and in whose spirit is no deceit. Ps. 32:1, 2

How to Exchange Your Guilt for Joy

1. Take an

When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was sapped as in the beat of summer. Ps. 32:3, 4

- The purpose of guilt:
- The problem with guilt:

2. Take action in

Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD"-- and you forgave the guilt of my sin. Selah. Ps. 32:5

3. Take steps to _____

Focus on God's _____ rather than on _____

Therefore let everyone who is godly pray to you while you may be found; surely when the mighty waters rise, they will not reach him. You are my hiding place; you will protect me from trouble and surround me with songs of deliverance. Ps. 32:6, 7

• Focus on God's rather than on I will instruct you and teach you in the way you should go; I will counsel you and watch over you. Do not be like the horse or the mule, which have no understanding but must be controlled by bit and bridle or they will not come to *you.* Ps. 32:8, 9

• Focus on God's _____ rather than on Many are the woes of the wicked, but the LORD's unfailing love surrounds the man who trusts in him. Rejoice in the LORD and be glad, you righteous; sing, all you who are upright in heart! Ps. 32:10, 11



Daily Meditations

For Daily Meditations during the 40 Days of Prayer, please use the devotions in the 40 Days of Prayer booklet available in the lobby today!

Praver Chapel

Our lobby "cry room" and prayer chapel is open every day. Spend some time in silent prayer!

Praver Groups

If you'd like to join a prayer group, e-mail *jim@tlc.org*

Prayer Class

To dig deeper, come to our Wednesday night prayer class in Monschke Hall