

# 40 Days OF PRAYER

## What Your Prayers Can Do for Others 5 Things God Does When People Pray

*"The prayer of a righteous man is powerful and effective" James 5:16*

*"We are made righteous in God's sight when we trust in Jesus Christ to take away our sins." Romans 3:22*

### Why pray for others?

*"After Jesus had gone indoors, his disciples asked him privately, 'Why couldn't we drive it out?' He replied, 'This kind can come out **only by prayer.**'" Mark 9:28,29*

### My prayers...

#### 1. ...Can help \_\_\_\_\_

*"So Peter was kept in prison, but **the church was earnestly praying to God for him.** ...Suddenly an angel of the Lord appeared and a light shone in the cell. He struck Peter on the side and woke him up. 'Quick, get up!' he said, and the chains fell off Peter's wrists." Acts 12:5-7*

#### 2. ...Can help \_\_\_\_\_

*"I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone-- **for kings and all those in authority,** that we may live peaceful and quiet lives in all godliness and holiness." 1Tim. 2:1,2*

*"I tell you: Love your enemies and **pray** for those who persecute you" Matt. 5:44*

#### 3. ...Can help \_\_\_\_\_

*Jesus: "Simon, Simon, Satan has asked to sift you as wheat. But **I have prayed for you,** Simon, that your faith may not fail. And when you have turned back, strengthen your brothers." Luke 22:31-32*

#### 4. ...Can help \_\_\_\_\_

*"**Pray** that I may be rescued from the unbelievers in Judea and that my service in Jerusalem may be acceptable to the saints there..." Rom. 15:31*

*"Then he said to his disciples, 'The harvest is plentiful but the workers are few. **Ask the Lord of the harvest,** therefore, **to send out workers** into his harvest field.'" Matt. 9:36,37*

#### 5. ...Can help \_\_\_\_\_

*"I **pray** also **that the eyes of your heart may be enlightened** in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints..." Eph. 1:18*

### Praying for your children

1. Pray they will accept Christ as Savior early in life (Ps 63:1-2; 2 Tim 3:15)
2. Pray they will be wise (Proverbs 1-4)
3. Pray they will be caught when guilty (Ps 119:71)
4. Pray they will be protected from the evil one (Jn 17:15)
5. Pray they will respect people in authority over them (Rom 13:1)
6. Pray they will desire the right kind of friends (Prov 1:10-15)
7. Pray they will choose a mate wisely (2 Cor. 6:14-17)
8. Pray they will learn to submit to God and resist evil in all circumstances (Jas 4:7)
9. Pray they will be single-hearted, fully devoted to Jesus Christ (Rom. 12:1,2)
10. Pray they will discover their unique gifts from God (1 Cor. 12)

### Activate your prayer life today!

- Make a \_\_\_\_\_ of those you need to pray for
- Make a \_\_\_\_\_ as the prayers are answered

### Studies Showing a Positive Effect of Prayer on Health

Krucoff, M. W., et al. 2001. *Integrative noetic therapies as adjuncts to percutaneous intervention during unstable coronary syndromes.* Am. Heart J. 142: 760-767. A pilot study (limited to 150 patients) examining the efficacy of noetic (non-pharmacological) therapies (stress relaxation, imagery, touch therapy, and prayer) found that "Of all noetic therapies, off-site intercessory prayer had the lowest short- and long-term absolute complication rates." A full study is planned.

Bliss, J.R., McSherry, E., and Fassett, J. 1995. *Chaplain Intervention Reduces Costs in Major DRGs.* NIH Conference on Spirituality and Health Care Outcomes. Patients in the intervention group had an average 2 day shorter post-op hospitalization, resulting in an overall cost savings of \$4,200 per patient. Randomized 331 open-heart surgery patients to either a chaplain intervention or usual care.

Join us for a time of praying and praising God together this Sunday night at 6 pm in the TLC auditorium. We have invited churches from all over Santa Cruz County!

Our prayer room in Monschke Hall 4 is open every day. Spend time in silent prayer!