### PRAYER UPDATE

### HOSPITALIZED & SURGERIES this past week

Gary Barton diagnosed with late stage colon cancer. It appears that he is responding to the treatments as his tumor markers are down but this week has been a difficult one. Pray that the doctors would have divine wisdom in treating Gary and that the family would have peace and assurance.

Paul Ottowa one of our Joyful Noise members moved out of intensive care and is improving! He is so thankful for your prayers. **Edna Egbert** fell and broke her hip. Her surgery went well and she is at Kindred recuperating.

**Deb Jones** is having hip reconstruction surgery in August. Please pray for adequate rest and complete healing as she recovers.

Frank Krueger (Cathy Sleeper's dad) will be having hip replacement surgery on Monday, 8/18. Pray for wisdom for his doctor and that after this surgery and his physical therapy rehabilitation that he will be able to walk again.

Dave Hacker going to Stanford August 20th for serious stomach surgery.

Nina Faith Swain (6 months old) at Stanford recovering from 3 GI surgeries. Pray for complete healing.

#### HOME WITH THE LORD

**Richard Beck** (son of Helen Ellis and brother of Patricia Amarate) passed into the presence of the Lord on July 21st in Hemet, CA.

A complete prayer list is available at the information desk.





# FEAR THE FUTURE

AUGUST 16 & 17 JESSICA BRISTOL

Faith is "the rejection of a lesser fact and the acceptance of a greater fact." (Ralph Waldo Emerson)

FEAR INTERRUPTS	AND CAUSES US
NOT TO	
Peter's example (Matthew 14:22–32)	

## HOW DO I MOVE FROM FEAR TO TRUST?

٠ -	WHAT GOD HAS DONE
	"Bless the Lord, O my soul: and all that is within me, bless his holy name. Bless the Lord, O my soul, and <b>do not forget what he has done</b> ." Psalm 103:1–2
	"But I <b>trust</b> in your <b>unfailing love</b> , my heart <b>rejoices</b> in your

salvation. I will sing to the Lord for he has been good. Psalm 13:5-6

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"I **lift up** my eyes to the hills — where does my help come from? My help comes from **the Lord**, the Maker of heaven and earth." Psalm 121:1-2

3. TRUST HIM WITH	
"Because of the Lord's great love we compassions never fail. They are new faithfulness." Lamentations 3:21–22	
When your faith seems to falter, p my faith falls short." Mark 9:24 (New En	
When fear overwhelms you, "When God, whose word I praise, in God I trust Psalm 56:3–4	
When I am afraid of	, I will trust in you, oh Lord.

## I CAN PUT MY FAITH IN GOD BECAUSE HE IS FAITHFUL.

# **DAILY MEDITATIONS**

**MEMORY VERSE**: "But I trust in your unfailing love, my heart rejoices in your salvation. I will sing to the Lord for he has been good." Psalm 13:5–6

MONDAY: Please read Psalm 13:5–6. How do you connect with the phrase, "Fear interrupts faith and causes us not to trust."? How has fear impacted your life recently? What is one thing you learned in last weekend's sermon that encouraged you? Thank God today that He is not the author of fear. Pray for courage this week. Ask God to help you step out in faith and embrace the life instead of fear.

**TUESDAY:** Please read Psalm 103:1–2. Write down five times you have seen God's faithfulness in your past. Think about the fears you are currently facing. How can you make God's faithfulness in the past more a part of your present? How could that help move beyond your current fears? Thank God today for His faithfulness to you throughout your life—even when you weren't aware of it! Thank Him for His patience with you. Pray for a good memory when it comes to God's faithfulness!

**WEDNESDAY:** Please read Matthew 14:22–36. It's pretty easy to understand Peter's fear in this situation! What hinders you from focusing on Jesus in life's storms? How does Peter's ultimate faith and focus on Jesus encourage you? What can you do today to fix your focus on Jesus? Thank God today that He is with us always—even in the storms. Pray that you will be aware of His presence with you in the storms and that you will fix your eyes on Him—not the fear.

**THURSDAY:** Please read Lamentations 3:21–22. God's faithfulness to you is "new every morning"—there's not expiration date! What things in your future are you currently struggling with? How have you been living (either emotionally, spiritually or practically) as though God's love and help will run out on you? How does that impact your decisions and sense of hope for the future? Thank God today that His mercies, love and compassions never fail. Pray that this truth will be a core truth you embrace. Talk to God about the fears you're feeling about your future. Imagine laying those fears and Jesus feet and leaving them there.

FRIDAY: Please read Joshua 1:9. This verse has some pretty tall commands – be strong, be courageous, don't be discouraged - but what reason does this verse give us for being able to live like that? How can the truth of God's constant presence with you impact shrink your fears and grow your trust? Thank God today for His constant presence with you. Pray that His presence will feel more real than your fears. Pray for the courage to look to Jesus and not your fears.

SATURDAY: Please read 2 Corinthians 4:7–9 in preparation for this weekend's message. Thank God today that life's circumstances don't determine your future! Talk to God about the ways you're feeling crushed under life right now. Pray that you'll begin to feel the truth of this passage. Please pray for the services this weekend. Pray that all who come to church this weekend will have soft hearts to worship and grow.