



**Part 7:
How Do I Stop This...
And Do I Really Have To?**

How do I conquer my habits? And can't I just dabble in sin for fun?
Romans 6 says I must...

1. Recognize _____ (6:1, 2)

Three facts about me as a believer in Christ:

- I've been _____ Christ (6:3-5)

This means I have a new _____

- I've been _____ Christ (6:6-7)

This means I have a new _____

- I've been _____ Christ (6:8-10)

This means I have a new _____

So... what's my response?

- _____ it (6:11)
- _____ it (6:12-14)

2. Realize _____ (6:14)

"For sin shall not be your master, because you are not under law, but under grace." Rom. 6:14

3. Remember _____ (6:15)

- It brings _____ (6:16-20)

2 examples of sin's slavery:

It takes me _____ than I want to go (6:19)

It becomes an _____ (6:20)

- It brings _____ (6:21)

- It brings _____ (6:22-23)

The good news: You've been set free from all this! *"You have been set free"* (Rom. 6:18) *"But now that you have been set free..."* (Rom. 6:22) Choose to **live** in the freedom you **have!** (John 17:3; Gal. 5:1)

Daily Meditations

Here's a chance to "take it home": Spend a few minutes every day reading Scripture, praying, and answering thought-provoking questions about this weekend's topic!

This week's memory verses: *"For the wages of sin is death, but the gift of God is eternal life through Jesus Christ our Lord." Romans 6:23*

Monday

Read through Romans 6 and your notes from last weekend. How do you see yourself in this passage?

What is one thing you'd like to change about your life?

What motivates you to make major changes in your life?

Write down one application from last weekend's sermon to your life:

Thank God today for His love and grace. Ask Him to help you apply what you learn to your daily life and impact the world around you!

Tuesday

Read Romans 6:1-10. How have you seen people misuse God's grace? How have you misused God's grace in the past?

What does baptism symbolize about our relationship to Christ?

Before you were united with Christ, to what were you a slave?

What specifically will you do this week to count yourself dead to sin and alive to Christ?

If you could bury one thing with Christ forever, what would it be?

Thank God today that you are no longer a slave to sin. Ask Him to help you live like a person who has been freed. Commit to Him any areas that you are struggling with and ask Him to give you victory in Him today.

Wednesday

Read Romans 6:11-14. How have you seen sin reign in you recently?

How can you offer yourself as an instrument of righteousness to God and to others this week?

What happens when you offer yourself to God instead of allowing sin to reign in you?

How does being under grace change you?

How can you actively resist the tendency to sin in your everyday life?

Thank God today for the freedom you have in Him. Thank Him for His grace. Ask Him to help strengthen you to offer yourself as an instrument of righteousness today. Ask Him to use you to make a difference in the lives of those you encounter today.

Thursday

Read Romans 6:15-23. Why shouldn't a Christian continue to sin willingly?

What is the cost of both types of slavery listed here?

How can bad habits control and damage a person? How have you seen this personally?

In what areas of your life do you need God's help to loosen the grip of certain sins?

Thank God today for His mercy. Thank Him for the Bible and the guidance for everyday life. Talk to God about the area(s) of your life where you are struggling. Ask for His strength and a sense of mission to overcome your struggles.

Friday

Read Romans 6:20-23. What is the result of being a slave to sin?

What is the result of being a slave to righteousness?

What are the pleasures and benefits of righteous living?

If you had yourself as God's willing servant this past week, what would you have changed in your attitudes and actions? Where do you particularly want to work on this in the coming week?

Thank God today for the benefits of righteous living. Pray about the actions and attitudes you want to live in the week ahead. Ask Him to help you continually apply what you learn from the Bible. Pray that He will use you today to encourage the people you encounter.

Saturday

Today, polish the memory verse at the top of the previous page, and read Romans 7:1-13 in preparation for the weekend services. Thank God for the freedom you have in Christ. Thank Him for the opportunity to study His word and grow. Pray that you will have a soft heart and a willing spirit to more and more be conformed to the image of Christ.