



**Truth #3:  
God Is Always  
With Me  
Psalm 139:7-10**

*Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast. If I say, "Surely the darkness will hide me and the light become night around me," even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you. Psalm 139:7-12*

God's "Omnipresence":

It does not mean:

**FACT:** God is always with me; I just need to \_\_\_\_\_.

**How God's Presence Benefits My Life**

**1. When I'm in a \_\_\_\_\_ place...  
God is my \_\_\_\_\_ .**

*...if I make my bed in the depths, you are there. Ps 139:8*

*The Lord is near to those who are discouraged. He saves those who have lost all hope." Ps. 34:18 (GN) The Lord is close to the brokenhearted... (LB)*

*The Lord ... stopped my tears and kept me from defeat. So I walk in the presence of the Lord ... I kept on believing, even when I said, 'I'm completely crushed' and even when I was afraid and said, 'No one can be trusted.' Ps. 116:8-11 (GN)*

**2. When I'm in a \_\_\_\_\_ place...  
God is my \_\_\_\_\_ .**

*...if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast. Ps 139:9*

*God has said, 'Never will I leave you; never will I forsake you!' Heb. 13:5*

**3. When I'm in a \_\_\_\_\_ place...  
God is my \_\_\_\_\_ .**

*...even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you. Ps 139:12*

*I am always aware of the Lord's presence. He is near and nothing can shake me. I'm so thankful and glad, and I feel completely secure... Ps. 16:8-9 (GN)*

*Even though I walk through the shadow of death, I will fear no evil, for you are with me. Ps. 23:4*

**4. When I'm in the \_\_\_\_\_ place...  
God is my \_\_\_\_\_ .**

*Where can I go from your Spirit? Where can I flee from your presence? ... If I say, "Surely the darkness will hide me and the light become night around me," even the darkness will not be dark to you... Ps 139:7,11,12*

*But the Counselor, the Holy Spirit... will teach you all these things and remind you of everything I have said... He will convict the world of guilt in regard to sin and righteousness and judgment. John 14:26, 16:8*

God's loving presence \_\_\_\_\_

How to "Practice God's Presence":

- Eph. 3:12, Col. 1:22
- Ps. 46:10, James 4:8
- 1 Thess. 5:17, Ps. 62:9
- Ps. 100:4

**Daily Meditations**

*Based on this weekend's theme*

**This week's memory verse:** *Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. Ps. 139:7,8*

## **Monday**

Read Psalm 139:7-10. Which of the four different “places” listed in the outline best describes the challenges you are facing right now?

What difference does the presence of God make in that place?

*Pray the prayer of Psalm 139:7-10. Ask Him to help you stay confident of His presence where you’re at right now.*

## **Tuesday**

Read Jeremiah 23:24 and Acts 17:27-28. What common denominator of truth can you find in these three passages?

What are some practical things you can do to help you see through the optical illusion that “God is nowhere” to the reality that “God is now here”?

Have there been times in your life when you have been particularly aware of the presence of God? What happened?

*Be still and think of the fact that God is with you right now. Thank Him that He is here now, will be with you in the future no matter what it holds, and has been with you in the past.*

## **Wednesday**

Read Joshua 1:5-9. At this point in their history, the Israelites’ leader, Moses, had just died. How do you think this message of God’s presence with them helped them?

What two attitudes will result from an awareness of God’s presence? (See verses 6, 7, and 9)

In what areas in your life do you need to be “strong and courageous”? How can an awareness of God’s presence help you achieve this result?

*Specifically bring to God those areas where you need strength and courage. Ask Him to help you stay aware of His presence throughout your day and week-- and especially during those times!*

## **Thursday**

If you have time, read the whole book of Jonah. (Just chapter 1 if you’re short on time today). This is a great example of someone who tried to run from God’s presence. What did Jonah discover?

Can you think of other examples of people in the Bible who tried to hide from God?

Have you ever tried to run from God? What happened?

*Today pray for those you know who are running from God. Pray that they would return to the One who seeks and saves the lost.*

## **Friday**

Read Isaiah 43:1,2. What do these verses promise about God’s presence?

What do they *not* promise?

This verse promises that “you will not be drowned or burned”-- but in fact Christians-- including Christ-- *have* been killed! How could this promise of God’s presence and protection be true? What does it mean?

*Thank God that even when the enemy seems to triumph over you or other Christians, God will still reserve the ultimate victory. He will always bring triumph out of tragedy. Ask God for the faith to believe this truth!*

## **Saturday**

Today polish up that memory verse. Please pray for services this weekend. Thank you!