



**Part 7:
Moving From Condemnation to
Confidence 1 John 3:19-24**

Too many people today:

1. _____
2. _____
3. _____

A faith alive...is the only way to survive!

A _____ **that God is** _____

“This then is how we know that we belong to the truth, and how we set our hearts at rest in his presence whenever our hearts condemn us. For God is greater than our hearts, and he knows everything.” *1 John 3:19-20*

L _____ **by God's** _____

“Dear friends, if our hearts do not condemn us, we have confidence before God and receive from him anything we ask, because we obey his commands and do what pleases him.” *1 John 3:21-22*

I _____ **in God's** _____

“...and receive from him anything we ask, because we obey his commands and do what pleases him.” *1 John 3:22*

V _____ **God's** _____

“And this is his command: to believe in the name of his Son, Jesus Christ, and to love one another as he commanded us.” *1 John 3:23*

E _____ **by God's** _____

“Those who obey his commands live in him, and he in them. And this is how we know that he lives in us: We know it by the Spirit he gave us.” *1 John 3:24*

Daily Meditations

Spend time each day this week meditating on today's topic!

This week's memory verse:

“And this is his command: to believe in the name of his Son, Jesus Christ, and to love one another as he commanded us.” *1 John 3:23*

Monday

Read Lamentations 3:22. Describe a life lived under condemnation. Recall a time when you lived like that.

How would you describe the difference between living with confidence in yourself and living with confidence in Christ?

What did you learn last weekend that encouraged you to move from condemnation to confidence?

Thank God today that He wants you to move from condemnation to confidence. Thank Him that the confidence is in His unchanging nature and power. Ask Him to show you how to be more dependent and confident in Him and not yourself.

Tuesday

Read Psalm 139:7-12, Romans 8:1 & 1 John 3:19-20. What does it mean that God is sovereign? How do these verses describe God's sovereignty?

Recall a time when you felt as though your heart was condemning you even though you had asked for forgiveness. What impact did that have on you?

What truth do you learn in these verses about living with confidence in God instead of under condemnation?

How can you apply the truth of no condemnation in Christ to your life today?

Thank God today for His forgiveness of you. Thank Him for His sovereignty and love for you. Ask Him to grow your confidence in Him. Pray that you will live a life that overflows with His love and grace towards others.

Wednesday

Read Ephesians 1:6-8 & 1 John 3:21-22. What do these verses tell you about God's grace?

How do you struggle with understanding and experiencing God's grace? Why do you think that is?

How does understanding God's grace give you confidence?

How can you apply the truth of God's grace and the confidence you have in Him to your life this week?

Thank God today for His grace lavished on you. Thank Him for the difference His grace has made in your life. Ask Him to help you grow in your understanding of His amazing grace towards you.

Thursday

Read Matthew 22:36-40 & 1 John 3:23. What are the commands that God wants you to follow?

These commands are so uncomplicated. Why do you think we try to complicate God's commands?

Just because these commands are uncomplicated does not mean they are simple to live out! What difference is there in your life when you're following these commands? What happens when you try to set His commands aside?

Thank God today that His commands and will are uncomplicated. Ask Him to help you keep your spiritual life simple. Talk to Him about the difficulties you are having loving God and loving others. Ask God for His help to live out His commands.

Friday

Read 1 Thessalonians 1:4-6, 2 Timothy 1:7 & 1 John 3:24. What do these verses tell you about the Holy Spirit? How does this apply to you?

How does understanding the work of the Holy Spirit in your life impact living in God's confidence instead of under condemnation?

Thank God today for the work of the Holy Spirit in you. Ask Him to help you daily relinquish to the Holy Spirit's power and leading in your life. Pray that you will grow in an understanding of God's will for you and that you will be willing to obey His commands.

Saturday

Take time today to think about how you are involved in God's unfolding plan here on earth. Why do you think it is important to move beyond belief to action? Talk to God today about your willingness to be involved in His work. Ask Him to give you a willing heart and opportunity to put actions to your faith. Please pray for the ministry this weekend! Thanks!