

Daily Meditations

This week's memory verse:

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Ephesians 4:22-24

Monday

Read over the memory verse for this week. What is one thing that really stood out to you in the sermon last weekend and why?

Write down the three main areas you struggle with your attitude right now.

- 1.
- 2.
- 3.

How has a bad attitude impacted your life in the last week? How has a mature attitude impacted your life?

Thank God today that He knows you inside and out and loves you. Talk to Him about the ways in which you are struggling with your attitude. Ask Him to use your devotion time this week to help you grow and change.

Tuesday

Read Philippians 2:3-11. Imagine if we as Christians all lived up to these verses - what a world this would be! Write down three characteristics of Jesus' attitude and character that you see in these verses:

- 1.
- 2.
- 3.

What hinders you most for choosing a Christlike attitude? How did Jesus handle that emotion and what can you learn from Him?

Think about a relationship that is difficult for you right now. What would Jesus' attitude be towards this person? How can you take on Jesus' attitude in that relationship today?

Thank God today for the extreme lengths He went to for your salvation. Ask Him to

build into your life His attitude. Pray that you will bring peace and joy to those you encounter today.

Wednesday

Read Matthew 7:1, Romans 12:19 & Hebrews 12:15. What do these verses tell you about harmful attitudes and holding grudges?

In what ways do you struggle with "toxic" and judgmental attitudes? How have those attitudes impacted your life?

How can you move toward exchanging those harmful attitudes for more Christlike ones today?

Confess your judgmental attitudes to God today. He knows you struggle, just talk to Him about it and lay it at His feet. Ask Him to help you move forward in at least one small way today.

Thursday

Read James 1:2-5. It can be very difficult to maintain a godly attitude in the midst of trials - we want to complain, whine and get our friend's sympathy. How does responding to trials with a godly attitude demonstrate maturity? How can it impact you in the trial?

Thank God today that He is with you through the trials. Ask Him to grant you a heart willing to trust Him and grow even in trials.

Friday

Read Ephesians 4:29 & 1 Thessalonians 5:16-18. These verses lay out two of the best tools for maintaining a godly attitude - gratitude and gracious speech. They can also be the most difficult to cultivate in your life. Take an honest inventory today - how much are these two a part of your life? How can you develop them more?

List several of the many blessings God has given you and thank Him. Ask Him to sharpen your conscience and help you speak graciously to those you encounter today.

Saturday

Complete any devotions you may have missed and polish up the memory verse. Please pray for the services this weekend. Thanks!