

Prayer Updates

Joy & Blessings

Jeremy (TLC System Administrator) and Tara Fluent, and big brother, Andrew, welcome to their family, **Catherine Jane Fluent**, a blessed surprise on April 1!

Hospitalized & Surgeries

Aleeta Zapata – bacterial infection

Braden Liam McClean – born 3/13/08, 6 weeks premature, parents Ryan & Heather McClean

Bruce Rinkert – RCU (he is caregiver for his wife, Carolyn, who has Alzheimer's)

Don Switzer – RCU, stroke recovery

Dale Thomas – hip replacement

Dorrell Smith – very frail, congestive heart failure (wife, Bettye has Alzheimer's)

Marion Fuhry – COPD, gastrointestinal problems

Norma Moniodis – cancer complications

Priscilla King – stomach surgery

Rendi Miller – surgery 4/2

Verna Hernandez – cancer complications

Recent hospitalizations/surgeries: George Ward, Marion Fury, Virginia Fair

Hospice care: Adrienne Bresnahan-Gomes, Verna Hernandez

Home with the Lord

Heartfelt prayer is extended to Don Hardy and family in the loss of his mother, **Betty Hardy**. Betty was beloved by many family and friends; her sons Don and Dick were near when she passed into the presence of the Lord.

Please remember Anne Tomforde and her extended family in the loss of her father, **Dr. Donald Seapy**, a respected community member and founder of the Scotts Valley Medical Clinic.

We want to provide pastoral support...

Please call 465-3395 when someone is hospitalized, scheduled for surgery, becomes a shut-in, or in special need. Prayer support is available through our pastors and numerous prayer groups — call 689-9400. Please pick up a Prayer Update at the Information Desk or Welcome Center. **Subscribe to the Prayer Update:** www.tlc.org/profiles

Thrill Ride

PART 3

Facing Your Fears

April 5 & 6, 2008 • René Schlaepfer

“For 40 days... they all ran from him in great **fear**.” *1 Samuel 17:18,24*

4 Keys to Courage When Facing Life's Giants

F _____

“David asked the men standing near him, ‘What will be done for the man who kills this Philistine and removes this disgrace from Israel?’” *1 Samuel 17:26*

E _____

• From _____

“Eliab, David’s oldest brother... asked, ‘Why have you come down here? ... **I know how conceited you are...**’ David... then turned away to someone else...” *1 Samuel 17:28-30*

• From _____

“Saul replied, **You are not able** to go out against this Philistine and fight him; you are only a boy...” *1 Samuel 17:33*

• From _____

“Goliath said to David, ‘Am I a dog, that you come at me with sticks?’” *1 Samuel 17:43*

A _____

“David said, ‘You come against me with sword and spear and javelin, but I come against you in the name of the LORD Almighty... it is not by sword or spear that the LORD saves; for **the battle is the LORD’s...**’” *1 Samuel 17:45, 47*

“David said to Saul, ‘... **The LORD who delivered me** from the paw of the lion and the paw of the bear **will deliver me** from the hand of this Philistine.’” *1 Samuel 17:34-37*

The key to trusting God with my future: Recall _____

R _____

“As the Philistine moved closer to attack him, **David ran quickly toward the battle line to meet him**. Reaching into his bag and taking out **a stone**, he slung it...” *1 Samuel 17:48*

“**Then** the men of Israel... surged forward with a shout and pursued them.” *1 Samuel 17:52*

Bottom line: _____ on what you _____

Daily Meditations

Monday

Read 1 Samuel 17:1-11. What “giant” are you facing?

- | | |
|--|--|
| <input type="checkbox"/> Illness | <input type="checkbox"/> Addiction |
| <input type="checkbox"/> Fear of future | <input type="checkbox"/> Financial challenges |
| <input type="checkbox"/> Unforgiveness/resentment | <input type="checkbox"/> Doubt |
| <input type="checkbox"/> Marriage trouble | <input type="checkbox"/> Worries about children |
| <input type="checkbox"/> School | <input type="checkbox"/> Work challenges |
| <input type="checkbox"/> Stress of daily life | <input type="checkbox"/> Fears of insignificance |
| <input type="checkbox"/> Challenging opportunities | <input type="checkbox"/> Aging |
| <input type="checkbox"/> Other: | |

How does the David and Goliath story help you as you face your giant?

Read the confidence-building verses I handed out this past weekend at least two different times today. I'll be asking you to do this each day this week — you will notice a difference in your courage level! Add to these verses any new ones you discover this week that will help you with your confidence!

Ask God to help you have confidence in His power on your behalf!

Tuesday

Read 1 Samuel 17:28-37. Are you surprised that David's brother was so critical? Why or why not?

How does David's response to Saul help you as you face your giants?

Read the confidence-building verses we handed out this past weekend at least twice again today.

Ask God to give you confidence to face your giant!

Wednesday

Look back over our notes from this past weekend. Which of the four main points really spoke to you? Why?

Read the confidence-building verses we handed out this past weekend at least twice again today.

Which of these verses is emerging as one of your favorites? Why? Commit that verse to memory today!

Today specifically commit one of your giants to the Lord. Ask Him to help you overcome it!

Thursday

Read Psalm 118:13-25. Last weekend we talked about the importance of remembering past triumphs, proclaiming “The Lord has done mighty things!” Why is this an effective way to increase your confidence in God for the future?

Today recall at least one past triumph in your life: an answer to prayer, a divine provision, a miracle in your life. Share your story with someone today!

Read the confidence-building verses we handed out this past weekend at least twice again today.

Thank God for three specific ways he has sustained and provided for you in the past. Give to Him your specific worries about tomorrow.

Friday

Read Psalm 27:1-8. We get some insight into the source of David's confidence in this song he wrote. Why do you think he ties his confidence into worship and singing?

How does worship and “dwelling” in God's presence increase your confidence?

Today look at those confidence-building verses again. What differences are you noticing in your confidence and courage after just five days of bathing your mind in God's promises?

Ask God to help you “run to battle” to take care of a giant problem in your life. Take an action today, no matter how small, toward solving that problem!

Saturday

Please pray for the services tomorrow, that God would bless them richly! Why not read those confidence verses again today — and add to them any new verses you have found!

“Be strong and courageous. **Do not be afraid or terrified** because of them, for the LORD your God goes with you; he will never leave you nor forsake you.” *Deuteronomy 31:6*

“Have I not commanded you? Be strong and courageous. **Do not be terrified; do not be discouraged**, for the LORD your God will be with you wherever you go.” *Josua 1:9*

“The LORD is my light and my salvation — **whom shall I fear?** The LORD is the stronghold of my life — **of whom shall I be afraid?**” *Psalms 27:1*

“Though an army besiege me, **my heart will not fear**; though war break out against me, even then will I be **confident**.” *Psalms 27:3*

“The LORD is with me; **I will not be afraid**. What can man do to me?” *Psalms 118:6*

“Have **no fear** of sudden disaster or of the ruin that overtakes the wicked, for **the LORD will be your confidence** and will keep your foot from being snared.” *Proverbs 3:25,26*

(Jesus) “. . .And surely **I am with you always**, to the very end of the age.” *Matthew 28:20b*

(Jesus) “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and **do not be afraid**.” *John 14:27*

(Jesus) “Therefore I tell you, **do not worry** about your life, what you will eat; or about your body, what you will wear.” *Luke 12:22*

“What, then, shall we say in response to this? **If God is for us, who can be against us?**” *Romans 8:31*

“And we know that in all things **God works for the good of those who love him**, who are the called according to His purpose.” *Romans 8:28*

“Neither height nor depth, nor anything else in all creation, will be able to separate us from **the love of God** that is in Christ Jesus our Lord.” *Romans 8:39*