



Pray through this passage today. Begin by rereading verses 1 & 2. Thank God for His presence with you, thank Him for His amazing creative power. Pray through verses 12–13. Thank God for the days He has given you. Talk to God about the areas of your life where you feel as though you've been battling for too long. Ask God for His mercy and grace to empower you to continue on. Close your prayer with verses 14-17. Thank God for His unfailing love and promise for you.

Saturday

Please read John 6:31–35. Isn't it amazing how Jesus connects the people in this passage with their forefathers in the desert! What connections are there between the Israelites' daily experience with manna and your daily need Jesus, the Bread of life?

Please pray for the services this weekend. Pray that TLC will be a place where people's need for the Bread of Life is met. Please pray for the Grace Immersion coming this fall. Pray that God will guide the staff through the details of preparation that this study will impact our church and our community.

Prayer Updates

Hospitalized & Surgeries this past week...

Bernice Bergman – dehydration

Hayden Dryden – hernia surgery

Ron Berry – dialysis

Recent hospitalizations/surgeries: Claudia Grossi, Kathleen Stewart Finley, Karina Zentner, Nelda Barton, Rick Duckart, and Dee Buckelew.

Hospice Care: Doug Elrod, Norma Moniodis, and Bill Walters.

Home with the Lord

We lovingly remember in our prayers the family of Bette Smith who is now present with the Lord along with her husband, Grant, who passed away Mother's Day weekend. A memorial is planned Saturday, August 28th, 9:30am at Twin Lakes Church.

Sonshine Ministry

We praise God for our Sonshine Ministry Team who have served 599 home-cooked meals to families in need so far this year. Blessings to our team leaders Jon and Chris Haro, and Linda Bingham. If you would like to participate in this special Care Ministry please call 831-465-3368.



We want to provide pastoral support...

Please call 831-465-3395 when someone is hospitalized, scheduled for surgery, becomes a shut-in, or in special need. Prayer support is available through our pastors and numerous prayer groups — call 831-689-9400. Please pick up a Prayer Update at the Information Desk or Welcome Center.



Why do I feel overwhelmed?

Two horizontal lines for writing.

Now the people complained about their hardships in the hearing of the LORD, and when he heard them his anger was aroused. Then fire from the LORD burned among them and consumed some of the outskirts of the camp. When the people cried out to Moses, he prayed to the LORD and the fire died down. Numbers 11:1–2

1. What Moses does right:

When the people cried out to Moses, he prayed... Numbers 11:2

The rabble with them began to crave other food, and again the Israelites started wailing and said, "If only we had meat to eat! We remember the fish we ate in Egypt at no cost—also the cucumbers, melons, leeks, onions and garlic. But now we have lost our appetite; we never see anything but this manna!" Numbers 11:4–6

"Manna" literally means:

We prefer the _____ to the _____.

Moses heard the people of every family wailing, each at the entrance to his tent. The LORD became exceedingly angry, and Moses was troubled. He asked the LORD, "Why have you brought this trouble on your servant? What have I done to displease you that you put the burden of all these people on me? Did I conceive all these people? Did I give them birth? Why do you tell me to carry them in my arms...?" Numbers 11:10–12

"Where can I get meat for all these people? They keep wailing to me, 'Give us meat to eat!' ... If this is how you are going to treat me, put me to death right now...!" Numbers 11:13, 15

2. What Moses does wrong:

"I cannot carry all these people by myself; the burden is too heavy for me." Numbers 11:14

"Tell the people... Now the LORD will give you meat, and you will eat it. You will not eat it for just one day, or two days, or five, ten or twenty days, but for a whole month—until it comes out of your nostrils and you loathe it—because you have rejected the LORD, who is among you, and have wailed before him, saying, 'Why did we ever leave Egypt?'" Numbers 11:18a–20

But Moses said, "Here I am among six hundred thousand men on foot, and you say, 'I will give them meat to eat for a whole month!' Would they have enough if flocks and herds were slaughtered for them? Would they have enough if all the fish in the sea were caught for them?" Numbers 11:21–22

3. How Moses gets back on track:

The LORD answered Moses, “Is the LORD’s arm too short? You will now see whether or not what I say will come true for you.” So Moses went out and told the people what the LORD had said. *Numbers 11:23–24*

Then the LORD came down in the cloud and spoke with him, and he took of the Spirit that was on him and put the Spirit on the seventy elders. *Numbers 11:25*

Two questions to ask when I get overwhelmed:

Am I focused on _____
or _____?

Am I _____
or _____?

One thing to remember when I get overwhelmed:

Our _____ comes _____

Daily Meditations

Spend some time each day this week meditating on the topic

Monday

Please read Numbers 11:1–3. What did you learn about Moses in last weekend’s sermon? How were you encouraged?

In what way are you feeling overwhelmed right now?

Thank God today for His love for you. Talk to Him about the areas of your life where you’re feeling overwhelmed. Ask Him to help you learn from the lessons of Moses and Israel.

Tuesday

Please read Numbers 11:4–6. What was the people’s complaint?

At this point in the story, Moses brings the people’s problems to God. Write down at least two benefits of bringing your problems to God.

Think about the phrase “We prefer the slavery we know to the mystery we don’t.” How do you see that play out in the Israelite’s lives? How have you seen the truth of this in your life?

Thank God today for His provision for you. Thank Him for the “new adventures” He sets you on. Pray that you will remember to bring your problems to God first. Talk to Him about the areas of your life where you’re choosing “slavery” over “mystery.”

Wednesday

Please read Numbers 11:14–22. This exchange between Moses and God is just classic! What are Moses’ complaints?

How does God respond to the people’s request?

In what way do you relate to Moses’ complaint in verse 14: “I cannot carry all these people by myself; the burden is too heavy for me”? What are you trying to carry that is too heavy for you?

What would it look like to “put down” the burdens (whether it’s pain, problems, people or pressure) you are carrying?

Thank God today for the honesty we see in the Bible. Talk to God about the burdens you’re trying to carry that are too heavy for you. Pray that you’ll learn from both Moses’ good and bad example and trust God with your pain, problems, people and pressures.

Thursday

Please read Numbers 11:23–25. What two things helped calm Moses’ heart?

Write down a problem that you’re facing. Now write down your thoughts about the size of your God in light of that problem.

How has God provided reinforcements for you? How has that helped you when you have felt overwhelmed?

How have you seen God’s daily provision for you (emotionally, physically, spiritually, etc.)? Why do you think God provides in daily “portions”?

Thank God today for the fact that He is God. Thank Him for the reinforcements He’s provided for you. Pray that you’ll be willing to accept God’s role and help in your life.

Friday

Please read Psalm 90. In what way does this Psalm remind you of the events we’ve studied this week in Numbers 11?

What does Moses hope for in this passage?



“Jesus said to them, ‘I tell you the truth, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is he who comes down from heaven and gives life to the world.’ *John 6:32–33 (NIV)*”

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