

FRIDAY

Read all of Romans 8. Write down the blessings of God's grace to you that are in this chapter. For each truth, write down a practical way that really believing this truth will help you in your life! (Use an extra piece of paper when you run out of space here!) For example...

Truth about me: The Spirit helps us in our weakness (verse 26)

Practical result: I can be confident that when I blow it, God doesn't hate me—He is for me!

Thank God today for His grace—ask Him to help you live in a continual consciousness of His grace!

SATURDAY

Today, polish the memory verse at the top of the previous page. Thank God for the freedom you have in Christ. Thank Him for the opportunity to study His word and grow. Please keep the services this weekend in prayer as well. Thank you!

PRAYER UPDATE

HOSPITALIZED & SURGERIES

Bernice Bergman recovery from a recent fall

Deborah Kaesemeyer pneumonia

Ernest Randolph pneumonia

Harriet Duzet hospitalized

Ron Berry bay area hospital for valve replacement

Ron Frazier long serious illness

Ruth Sutherland digestive issues

Susan Rymer surgery, elbow broken in three places

RECENT SURGERIES OR HOSPITALIZATIONS

Dave Staffa, Ethan Pope, Liz Bishop, Matthew Brunetti

HOSPICE CARE

Charleen VanVeldhuizen, Elizabeth Harrell, John Burton

A complete prayer list is available at the information desk.



TWIN LAKES
CHURCH
www.tlc.org



JANUARY 11 & 12
RENÉ SCHLAEPFER

IN ROMANS 7, PAUL DESCRIBES TWO BATTLES:

1. THE BATTLE I CAN'T WIN (7:1-13)

WHAT WON'T SOLVE MY PROBLEM: _____

But sin, seizing the opportunity afforded by the commandment, produced in me every kind of coveting. For apart from the law, sin was dead. Romans 7:8

... when the commandment came, sin sprang to life and I died. Romans 7:9

2. THE BATTLE I CAN'T LOSE (7:14-25)

WHAT WILL SOLVE MY PROBLEM: _____

I do not understand what I do. For what I want to do I do not do, but what I hate I do. And if I do what I do not want to do, I agree that the law is good. As it is, **it is no longer I myself who do it**, but it is sin living in me. Romans 7:15-17

Now if I do what I do not want to do, **it is no longer I who do it**, but it is sin living in me that does it. Romans 7:20

For in my inner being I delight in God's law Romans 7:22

What a wretched man I am! Who will rescue me from this body of death? Thanks be to God, who delivers me through Jesus Christ our Lord!
Romans 7:24,25

3. STRATEGIES FOR BATTLE (8:1–39)

A _____

B _____

“...there is now no condemnation for those who are in Christ Jesus...”
Romans 8:1

“You did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, ‘Abba, Father.’”
Romans 8:15

“nothing...in all creation will be able to separate us from the love of God that is in Christ Jesus our Lord.” Romans 8:39

C _____

Those who live according to the sinful nature have their **minds set** on what that nature desires; but those who live in accordance with the **Spirit** have their **minds set** on what the Spirit desires.” Romans 8:5

“The **mind** of sinful man is death, but the **mind** controlled by the **Spirit** is life and peace.” Romans 8:6

“...the **Spirit** helps us in our weakness... Romans 8:26

BOTTOM LINE:

HAVE CONFIDENCE GOD IS _____

“For those God foreknew he also predestined to be conformed to the likeness of his Son... And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.”
Romans 8:29,30

DAILY MEDITATIONS

THIS WEEK’S MEMORY VERSE

Therefore, there is now no condemnation for those who are in Christ Jesus. Romans 8:1

MONDAY

Look back over the notes and verses for this past week. What points really stood out for you? Of the three “ABC” points, which will you really focus on this week?

Ask God to help you focus on that one point this week. Thank Him for His grace!

TUESDAY

Read Romans 7:15–25. What is Paul’s complaint? Do you ever feel like Paul? Do you think this is a universal problem among Christians? Why or why not?

What are some of the destructive behaviors you find most compelling? (You may not want to share these out loud, but you know what they are—take time to talk to God about them, in confession and a request for help!)

Admit your “problem area” to God and ask Him to take control! Have a Romans 7 discussion with Him!

WEDNESDAY

Read Romans 8:1–4. What does Jesus do for us, according to these verses? Why was the law “powerless” to change me, according to verse 3?

Paul says we are under a new law— what law does he say we are now under? Are you still living under the old law or have you really made the conscious shift to this new law of Spirit and life?

Thank God today for the new law of life in your heart! Try to dwell all day today on the fact that you are under grace!

THURSDAY

Read Romans 8:5–8. What do those who live according to the desires of the sinful nature have their minds set on? What is the result of such a mind set?

What do those who desire to live according to the Spirit have their minds set on? What is the result of such a mind set?

What do you tend to have your mind set on? What are some practical ways to help change your “mind set”?

Today ask the Lord to help you focus on the true and pure!