

PRAYER UPDATE

Barbara Monteith, Linda Davis, James Balassi, Lucille Hansen, Linda Chavez, and Robert Lewis - at Dominican this past week. Pray for God's peace and healing.

Julie Baloian-Grabe - her 3rd neck surgery has been rescheduled to 1/17 to add more screws for support. Pray for success and a strong recovery.

Bert Perry - had skin cancer surgery on 1/9. Pray for successful results and complete healing.

HOME WITH THE LORD

Al Dyck - a long time attender of TLC went to be with his Lord on 1/5. Pray for his family as they grieve this unexpected loss.

Amy McRae - after being diagnosed with a brain disease 2 yrs ago went home to Jesus on 1/5. Amy touched countless lives between her 10 yrs of teaching and coaching at MVCS, and 7 yrs of serving in the TLC college ministry. She will be sorely missed.

Lynette Baudour - a regular attender of TLC and one of our Bridge of Hope recipients at Hearts and Hands, stepped into the Presence of the Lord on 1/8. Pray for her roommate Sue, as she grieves this loss of her very dear friend.

If you would like to minister to a shut-in with a regular visit, or if you'd like us to visit your loved ones in the hospital please contact Carrie Clark 465-3368 | care@tlc.org

A complete prayer list is available at the Info Desk.



HABITS

LIFE'S MOST IMPORTANT HABIT

JAN 14 & 15 | RENÉ SCHLAEPFER

THE MOST IMPORTANT HABIT FOR SUCCESS:

He who **rules his spirit** is better than he who captures a city.
Proverbs 16:32

Train yourself to be godly. 1 Timothy 4:7

...be **self-controlled**, upright, holy and **disciplined**. Titus 1:8b

Add to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness. 2 Peter 1:6

Is self-discipline the opposite of resting in God's grace?

For **the grace of God** has appeared, **bringing salvation** to all, **and** teaching us to say "No" to ungodliness and worldly passions and **to live self-controlled**, upright and godly lives in this present age.
Titus 2:11,12

The antithesis of grace is not self-_____.

The antithesis of grace is self-_____.

How self-discipline is rooted in God's grace

In Paul's epistles, self-discipline is always built on a foundation of:

1. _____

God... has **blessed** us in the heavenly realms with every spiritual blessing in Christ. For he **chose** us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us for **adoption**... In him we have **redemption** through his blood, the **forgiveness** of sins, in accordance with **the riches of God's grace that he lavished** on us. Ephesians 1:3,4,5,7

2. _____

Because of his great love for us, God, who is rich in mercy, **made us alive** with Christ... in order that **in the coming ages** he might show the incomparable riches of his grace. Ephesians 2:4,7

3. _____

And in him you too **are being built together** to become a dwelling in which God lives by his Spirit. Ephesians 2:22

4. _____

I urge you to **live a life worthy of the calling you have received**. Ephesians 4:1

Therefore, **as God's chosen people, holy and dearly loved**, clothe yourselves with compassion, kindness, humility, gentleness and patience. Colossians 3:12

THE BIG IDEA

Christian self-discipline is not about self-_____;
it's about self-_____

MEMORY VERSE

For the grace of God has appeared, bringing salvation to all, and teaching us to say "No" to ungodliness and worldly passions and to live self-controlled, upright and godly lives in this present age. Titus 2:11,12

DAILY DEVOTIONS

Start the daily devo habit! Text "**tlc**" to **34444** and get free daily videos every morning.

Or visit tlc.org/devo each day!

NOTES: